



**HYDERABAD CRICKET ASSOCIATION
RGICS, UPPAL**

Attachment

03

Strength & Condition (Trainer)

S.no	Particulars	Total
1	Power Bands (Heavy)	25
2	Power Bands (medium)	25
3	Power Bands (light)	25
4	Loop Bands (heavy)	20
5	Loop Bands (medium)	20
6	Loop Bands (light)	20
7	Suacer cones	100
8	Bibs (two different colours)	30
9	Agilitty Ladder(8mtr)	2
10	Agilitty Ladder(4mtr)	2
11	Medicine balls(2 kg)	5
12	Medicine balls(3kg)	5
13	Smart adjustable hurdles	5 sets
14	Freeman measuring wheel tape	5
15	Stop watch	8
16	Foot ball	5
17	Whistle	8
18	Vector exercise sliding dics	20
19	Ball Bags	5

The above material should be branded items, not local items.

Put Up for Approval

K JAYARAJ
Store In-charge

IMTIAZ KHAN
INTERIM CEO - HCA